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# ww.fathercarrs.org Thanksgiving 2019 Father Carr's Place 2B

# St. Francis Community Free Clinic

Our clinic has been serving the community in our current location for over 15 years, but Father Carr arranged for doctors and nurses to be serving those in need for many decades before. Volunteer medical professionals provide medical services, testing, mental health counseling, and medications to the underinsured and uninsured.

We are blessed to have an amazing team of volunteer doctors, nurse practitioners, nurses, phlebotomists, and staff that have been very giving of their talents and time. Through partnerships with local hospitals and labs, our clinic is able to provide imaging services and certain lab testing free of charge. Thank you to Ascension and Aurora Health Systems for their generosity.

Through the generosity of our donors, St. Francis Free Clinic's providers are able to dispense a limited supply of prescription medications free of charge. Though our inventory is constantly changing, our current focus is on medications for diabetes (including insulin), high blood pressure, mental health, antibiotics, cholesterol, blood pressure, and respiratory medications.

Did you know that St. Francis Community Free Clinic offers psychiatric services? We currently have providers volunteering on 2 different days. Many who come to Father Carr's are experiencing extreme emotional trauma. These volunteer services are crucial. The psychiatrist office is also getting a makeover, in hopes of creating a more calm and relaxed environment. Many of our patients are recently released from prison or from drug rehabilitation clinics. Offering support to these and all patients is crucial.

Future focus: St. Francis Clinic hopes to expand hours and services, including health screenings/fairs, wellness information and education, vision screenings and more. We

will continue to work with UW Oshkosh and their nursing students. Our clinic allows nursing students to gain valuable experience while helping to serve at the same time.

Want to help? Though we have an area furnished for a dentist, we do not have a volunteer dentist at this time. We would love to find a dentist willing to commit to a few hours a month. In our vision to expand our hours and services, we are also hopeful for additional medical professionals, including, but not limited to, doctors, chiropractors, nurse practitioners, psychiatrists, psychologists, phlebotomists, and physical therapists. We have recently added Meghan Snow as our clinic coordinator of volunteers. Meghan has allowed us to expand hours to Saturday and she will be busy recruiting additional volunteers and focusing on our future. Welcome and thank you Meghan!

In the month of October, **St. Francis Free Clinic** served 113 patients. 20 patients were new to the clinic. Thank you for helping us to serve the medical needs of those in need in our community.

**Donations:** The Clinic welcomes donations of unexpired prescription medications, unopened/ unexpired over-the-counter medications, insulin, adult diapers, feminine care products, vitamins and supplements, Ensure/Boost, hygiene items, wound care products, bandages, and medical equipment. Financial donations are also always welcome.

Amazon Wishlist: http://a.co/gPVfEE0

Follow us on Facebook at **St. Francis Free Clinic** 



Some of our many wonderful volunteer medical staff, college students and receptionists.

# It's Thanksgiving. What's on Your Plate?

This is the time of the year we celebrate our God and the bounty He has provided us. What we consider as "bounty" may be different for each of us. Most of us celebrate this holiday by giving thanks for the abundance of food God has given us through His goodness. Whether large or small, delectable or plain, it provides us with the nourishment to sustain our lives. Some are thankful for the abundance of good health, some the bounty of friends and family, some the bounty of work and employment and still others, a bounty of varied resources that allow them to overflow in goodness to others.

The old adage of, "I have too much on my plate," could also be applied to this season as well. What is of overabundance on our plates? We should be humbled by things we have in abundance while others possess in scarcity. It is not only food and housing that is needed but also love, friendship, a listening ear and community that brings a sense of belonging and fulfilment in life. If God has filled our plates with abundance of many and varied things that are more than what we need, we should extend our bounty to fill the plates of others. Food and shelter are basic needs but the most blessed things that God desires us to share is the love and mercy He grants us all. Many are the plates of people's lives that could use extra helpings of these necessities as well.

We should be thankful for what we have and generous to those who have less. This Thanksgiving, let us make God our main entree and the love and service to others the side dishes of abundance. Happy Thanksgiving.

Fr Dave

# A Message From Our President

Father Carr's is experiencing change once again. We recently celebrated the retirement of Bob Lang as executive director for the past 5 years. After a short time as successor to Bob, our new director, Tony Klink has resigned for personal reasons. We did not expect to be seeking a new director so soon, but we wish Tony the best and appreciate his short time with us. Neil Romenesko, our men's shelter director at Bethlehem Inn for the past 7 years will act as interim director. Neil's long time service with us will allow us to serve as normal until a new director is hired. We are fortunate to have so many long time volunteers to continue our mission as usual during the Thanksgiving and Christmas season.

I am blessed to be completing my 38th year overall and beginning my 6th year as president at Father Carr's. I cannot begin to express the joy that I experience by witnessing the generosity of many of you over the years. Your time and financial support is amazing. We frequently hear of the negative in the world, but the people who support Father Carr's make up what is right in the world. Your gifts allow us to provide diabetic care for those unable to afford supplies and medication, a daily meal or weekly groceries for those with low income, a bed for those recently released from drug rehabilitation, a birthday gift for the child experiencing homelessness, service opportunities for those seeking meaning, an ear for the lonely and an opportunity for spiritual healing for the lost. The list of how people are touched is endless but we provide hope for all. Thank you.

We can all take pride in knowing that Father Carr's has been here for others for 45 years. We are privately funded and volunteer driven. Father Carr's provides a safe haven for all those in need and all who wish to serve. We are what is right in this world because we all come together to serve. Thank you for being a part of who we are and for your continued support. Please know that your generous gifts are as important as ever as we offer hope during this upcoming Christmas season and throughout the year. God bless you.

### Handmaids of the Divine Redeemer Celebrate Fifteen Years of Service at Father Carr's Place 2B.

Wow! The years are running fast. It was like a dream when Sister Mary Assumpta and Sister Celestine traveled from Ghana, Africa and began their service at Father Carr's 15 years ago. I came three years later and have now been serving at Father Carr's for a dozen years. The time has been amazing. I can't stop thanking God for the many lives we have touched and served, even though sometimes very challenging. We couldn't have done this without the support of our dedicated volunteers, benefactors and friends of Father Martin Patrick Carr.

One of my greatest joys is to see and experience our pregnant women who deliver their babies while living with us. You can see that their burdens are lightened with joy, because of the assistance and support they receive. I can count about twenty women who have given birth during their time living with us. It will interest you to know that the first baby who was delivered here is now in high school. How wonderful that we can provide a safe haven and stable residence during their time of pregnancy while homeless.

We are blessed to be a part of this beautiful mission in Oshkosh and we thank Mr. and Mrs. William Coleman who initiated it and made it happen! The truest blessing is to be able to provide comfort to families in their darkest hour. Thank you for supporting us in our service to others. May God bless this mission to grow from strength to strength.

Thank you each and every day for your support.

Long live Father Carr's Place 2B.

Sister Angela Dassinor HDR (House Mother)



Our roof wore out at Bethlehem Inn. Please consider donating to finance some of our capital improvement projects.



Kewaskum High School experienced a day serving at our food bank. Thanks for a great day!



We are happy to be here for newborns that come home from the hospital to live with us while families are experiencing homeless.



Hands on Oshkosh brings UW Oshkosh students to our campus twice a year. College kids have some of the biggest hearts. Thank you Hands on Oshkosh and UW Oshkosh.

A great group of kids and adults from Pathfinders joined us for several days of service. We are giving the Mother Teresa Center a facelift with new flooring and paint. They had a lot of fun pulling up carpeting, washing windows, trimming bushes and many other service activities.



# **Holiday Donation Needs**

- Large screen TV for Holy Family Villa den
- Gift cards for office furniture
- Gift cards for Target, WalMart, Festival, Menards, Fleet Farm & Kwik Trip.
- Women's hygiene products
- Major donor for our carpeting

in MTC and roof on Bethlehem Inn

- Top loading Whirlpool washing machine
- Liquid laundry detergent
  Baby wipes

# **Upcoming Events**

#### November 28 (Thanksgiving)

Thanksgiving Mass at 9:00 AM Meal deliveries from 10:30 AM to Noon Meal served from Noon to 1:30 PM

#### December 21

Children's Breakfast Program from 9:00 AM to 10:30 AM

#### **December 25 (Christmas)**

Meal deliveries from 10:30 AM to Noon Meal served from Noon to 1:30 PM



#### **Eddie and Friends**

We wish to extend a warm thank you to Eddie and his friends from UW Oshkosh. UW Oshkosh students volunteer in the bi-annual Hands on Oshkosh event each spring and fall. Eddie was so moved by his volunteer experience that he is now bringing more and more of his college friends to experience what he did. "Giving back feels so good and I loved feeling the support that is given here at Father Carr's." The students visit on a regular basis and do everything from cleaning and cooking to spending time and having fun playing foosball with our male residents. This group of young adults is definitely not caught up with themselves. Thank you for coming to Father Carr's and thinking of others!